



**SINGAPORE SCHOOLS SPORTS COUNCIL
WUSHU RULES AND REGULATIONS FOR
NATIONAL SCHOOL GAMES
2025**

(Updated as of 19 February 2025)

**SINGAPORE SCHOOLS SPORTS COUNCIL
WUSHU RULES AND REGULATIONS FOR NATIONAL SCHOOL GAMES
WUSHU 2025**

Section/ Paragraph	Content
	<u>Preamble</u>
Section A	<u>Administrative Rules and Regulations</u>
1	<u>Organisation Structure and Governing Bodies</u>
2	<u>Age Groups / Divisions / NSG Sports Categories</u>
3	<u>Entries</u>
4	<u>Registration of Participants</u>
Section B	<u>Competition Rules and Regulations</u>
5	<u>Competition Format</u>
6	<u>Award of League Points</u>
7	<u>Awards</u>
8	<u>Reporting and Grace Period</u>
9	<u>Postponement and Abandonment</u>
10	<u>Withdrawal and Forfeiture</u>
11	<u>Walkout</u>
12	<u>Clarification and Protest</u>
13	<u>Appeal</u>
14	<u>Barred Participants</u>
15	<u>Team Manager</u>
16	<u>Coaches</u>
17	<u>Competition Officials</u>
18	<u>Spectators</u>
19	<u>Serious Breach of Conduct</u>
20	<u>Attire</u>
21	<u>Weapons Specification for Individual Events</u>
22	<u>Use of Verbal Commands and Music for Group Events</u>
23	<u>Adjustment of Scores by Jury, Head Judge/ Chief Judge & Technical Committee</u>
Section C	<u>Amendments and Matters Not Provided For</u>
24	<u>Matters Not Provided For</u>
25	<u>Amendments</u>
26	<u>List of Annexes</u>

PREAMBLE

This document outlines the rules and regulations for the conduct of and participation in the National School Games (NSG). These rules and regulations should be interpreted and implemented in alignment to the spirit of the SSSC's Mission, Aspirations and Motto (**Refer to [Annex A](#)**).

SECTION A – ADMINISTRATIVE RULES AND REGULATIONS

1. ORGANISATION STRUCTURE AND GOVERNING BODIES

- 1.1 The National School Games (NSG) shall be conducted:
 - 1.1.1 as governed by the General Rules and Regulations of the Singapore Schools Sports Council (SSSC).
 - 1.1.2 according to the wushu rules and regulations that are modified to suit the level of our school students for safety / developmental reasons.
 - 1.1.3 adhering to the Baseline Safety Standards for the NSG.
 - 1.1.4 according to the laws / rules established by the International Wushu Federations/Singapore Wushu Dragon and Lion Dance Federation.
- 1.2 National School Games Organising Committee (NSGOC)
 - 1.2.1 The NSGOC shall consist of the following:
 - a) Lead Convenor
 - b) Convenors
 - c) Lead Organising Secretary
 - d) Organising Secretaries
 - e) Game Advisor
 - f) Game Manager / Game Executive
 - g) Technical Committee
 - h) Any other co-opted members deemed necessary
 - 1.2.2 The NSGOCs are empowered to appoint sub-committees and individual members to assist in the organisation and running of the NSG competitions as and when required.
 - 1.2.3 The NSGOCs shall have sub-committees to perform the following roles and responsibilities (**Refer to [Annex B](#)**):
 - a) Competitions: Organise and conduct the competition according to the rules and regulations, and established safety standards.
 - b) Technical: Establish, review and update competition rules and regulations for the competitions and other matters necessary to provide for safe and developmentally appropriate NSG competitions.
 - c) Recognition, Protest and Discipline: Manage recognition and discipline structures to support the desired outcomes of the NSG.
 - d) Other functions necessary for the successful completion of the NSG wushu.

2 AGE GROUPS / DIVISIONS/ NSG SPORTS CATEGORIES

2.1 All students shall compete in their respective divisions according to their year of birth* as follows:

'A' Division*	1 Jan 2005 (<i>subject to conditions laid out in para 2.2</i>) 2 Jan 2005 - 31 Dec 2005 1 Jan 2006 - 31 Dec 2006 1 Jan 2007 - 31 Dec 2007 1 Jan 2008 - 31 Dec 2008 1 Jan 2009
'B' Division*	1 Jan 2008 (<i>subject to conditions laid out in para 2.2</i>) 2 Jan 2008 - 31 Dec 2008 1 Jan 2009 - 31 Dec 2009 1 Jan 2010 - 31 Dec 2010 1 Jan 2011
'C' Division*	1 Jan 2011 (<i>subject to conditions laid out in para 2.2</i>) 2 Jan 2011 - 31 Dec 2011 1 Jan 2012 - 31 Dec 2012 1 Jan 2013

*** Subject to the following conditions:**

- All students in the Junior Colleges (JC) and Millennia Institute (MI) must compete in the 'A' Division.
- Year 1 to Year 4 students in the Integrated Programme (i.e., Through-Train Programme) and International Baccalaureate Programme will compete in their respective age group. Those in Year 5 (equivalent to JC 1) and Year 6 (equivalent to JC 2) must compete in the 'A' Division.
- All students in Secondary Schools must compete in the 'B' or 'C' Division according to their year of birth.
- All students in Secondary Schools not born in the stipulated year for 'B' or 'C' Division must compete in the 'A' Division.

2.1.1 With effect from 2021, students who are born on 1 January and have participated in NSG previously shall follow the rules stated in Para 2.2. This rule will supersede all previous decisions.

2.1.2 This exception in Para 2.2 does not apply to students who are born on 1 January and have repeated a year of study.

2.2 All students shall compete in the respective divisions set out in the Para. 2.1 with the exception of those born on 1 January who have been given approval for deferment by MOE during P1 registration. These students will compete in the same division with the cohort that they are studying with.

2.2.1 With effect from 2021, students who are born on 1 January and have participated in NSG previously shall follow the rules stated in Para 2.2. This rule will supersede all previous decisions.

2.2.2 This exception in Para 2.2 does not apply to students who are born on 1 January and have repeated a year of study.

2.3 All students can only be registered in one division of that particular sport within the same year.

2.4 Categories of NSG Sports

2.4.1 Wushu is categorised as an Event-based Sport.

3. ENTRIES

3.1 Each school is eligible to enter only one team per division per sex.

4. REGISTRATION OF PARTICIPANTS

4.1 Eligibility

4.1.1 Only official students of the school can represent the school.

4.1.2 Students requesting for a transfer may only represent their new school when the transfer has been officially effected.

4.1.3 International students can only be registered to compete for their school **after** they have been issued with the student passes from the Immigration and Checkpoints Authority (ICA).

4.1.4 Students who are in the schools on exchange programmes are not allowed to represent the school.

4.1.5 Students granted Leave of Absence (LOA) by MOE are allowed to represent the school.

4.1.6 Students who have qualified for the Polytechnic Foundation Programme (PFP) can represent their school only up till 31 January of the competition year.

4.1.7 Registration constitutes representation, that is, once a student is registered to compete for a school, he or she is deemed to have represented his or her school. Hence, the student is not allowed to represent another school in the same sport in the same year.

4.1.8 The fielding of unregistered players will result in a forfeiture of the events concerned (**Refer to [Para. 10](#)**).

4.2 Registration Process

4.2.1 All registration must be submitted through the NSG Integrated system (NIS) Registration Module at <https://nsg.moe.edu.sg/nis/#!/login> by the stipulated closing date. This includes details of participants along with the necessary supporting documents including:

- a) Baseline Safety Standards Acknowledgement Form
- b) Supporting documents for Special / Transfer case students
- c) Other forms as determined by Wushu NSGOC

4.2.2 Any requests for amendments or late registration after the closing date must be sent via email through the Principal to the Lead Convenor no later than:

4.2.2.1 Event-based Sports (Wushu): 2 working day before issue of start list¹

4.3 Replacement and addition of participants

4.3.1 Replacement of a registered participant is only allowed when that participant is no longer an official student of the school and if the school has maximised their registration numbers.

4.3.2 Addition of participants is only allowed for students who have joined the school after registration has closed and if schools have not maximised their registration numbers.

4.3.3 Any request for replacement (Para. 4.3.1) or addition (Para. 4.3.2) after registration has closed, must be sent via email through the Principal to the Lead Convenor at least one (1) working day before the next event.

SECTION B – COMPETITION RULES & REGULATIONS

5. COMPETITION FORMAT

5.1 All sports competition formats shall be that as approved by the SSSC's Standing Committee and stated in the specific sport's rules and regulations.

5.2 The competition shall be organised in the following format:
a) Direct National

5.3 For an event to be organised:

5.3.1 There must be a minimum of three (3) registered participants from two (2) different schools for all events. Otherwise, the event shall be cancelled. Schools affected by the cancellation of events will be informed and they are allowed to re-register their participants in other available events.

5.4 Each school is allowed to register up to a maximum number of **10** participants per division per sex for the Championships.

a) For Individual events: a maximum of 10 participants per division/sex (from the list of registered participants)

b) For Group events: 6 participants per division per sex (from the list of registered participants)

¹ The start (or equivalent) list should not be issued more than 10 working days before the start of competition.

5.5 Individual Event:

5.5.1 Formulated Routine 5-Duan only for 'C' Division

Quanshu	Short Weapon	Long Weapon
5-Duan Changquan	5-Duan Broadsword	5-Duan Cudgel
5-Duan Nanquan	5-Duan Sword	5-Duan Spear
24 Style Taijiquan	32 Style Taiji Sword	

5.5.2 1st International Routine for all Divisions

Quanshu	Short Weapon	Long Weapon
Nanquan	Nan Dao	Nan Gun
Changquan	Broadsword	Cudgel
42 Style Taijiquan	Sword	Spear
	42 Style Taiji Sword	

5.5.3 2nd International Routine only for 'B' and 'A' Division

Quanshu	Short Weapon	Long Weapon
Changquan	Broadsword	Cudgel
	Sword	Spear

5.5.4 A maximum of 2 participants per school are allowed for each individual event.

5.5.5 Each participant is allowed to participate in a maximum of **3** different types of individual events (Quanshu, Short Weapon and Long Weapon).

5.6 Group Events (No sparring routine movement to be included):

- a) Group Quanshu b) Group Weapon

5.6.1 Each school is allowed to submit one team per division per sex for each group events.

5.6.2 Each team submitted for a group event must consist of 6 members.

5.6.3 Human pyramid formation² for all group events is not allowed. Failure to comply will result in a deduction of **1.0** point.

5.7 Timing

² Involves any form of propulsion or weight-bearing stance/ movement (static or dynamic) on another person as perceived by the judging panel.

5.7.1 Timing for Individual Event:

Individual Event	Time Limit
Formulated Routine (4-Duan and 5-Duan)	No time limit
Formulated Routine (Taijiquan simplified 24-style & 32-style Taiji Sword)	Between 2 to 4 min
International Routine (Nanquan, Chanquan and all weapons)	Not less than 1 min 20 s
International Routine (42 styles Taijiquan)	Between 5 to 6 min
International Routine (42 styles Taijijian)	Between 3 to 4 min

5.7.2 Timing for Group Event:

Group Event	Time Limit
a) Group Quanshu Events:	
i) Group Quanshu	1 min 30 s to 3 min
ii) Group Taijiquan	5 to 6 min
5 Group Taijiquan simplified 24 styles	4 to 5 min
b) Group Weapon Events:	
i) Group Weapon	1 min 30 s to 3 min
ii) Group Taiji-weapon	3 to 4 min

5.8 Routine Stoppage

5.8.1 Participants who are unable to perform their routine (e.g., apparatus damaged or broken during the performance) or/and stop for 10 seconds in the arena will be instructed to abandon their performance upon hearing the whistle from the Head Judge. Participants will not be allowed to join the queue to re-do the routine. It will be classified as incomplete event and no points will be awarded.

5.9 Scoring System

5.9.1 All Individual and Group Events to be scored using 2005 IWUF Wushu Taolu Scoring System (**Refer to [Annex H](#)**)

6. AWARD OF LEAGUE POINTS

6.1 The award of league points is not applicable to Wushu.

6.2 Tie-break

6.2.1 In the event of a tie, the tie shall remain, and prizes will be awarded to the winners.

6.2.2 In the event of a tie in the first place, the next best would be placed third.

6.2.3 In the event of a tie in the second place, there would be no third placing and so on and so forth up to 6th placing.

7. AWARDS

7.1 Divisional Awards

7.1.1 There should be only one (1) Divisional Title³ per division per sex for Wushu.

7.1.2 The number of divisional trophies to be awarded shall be as follows:

No. of Participants / Teams	Positions Awarded
3 to 4	2
5 to 6	3
7 or more	4

7.1.3 There will be no individual prize given to each participant for Division Title.

7.1.4 Divisional placing for schools.

7.1.4.1 Allocation of points for 1st to 6th position to be used for Divisional placing for schools:

a) Individual Events

Placing	Point/s
1 st	9
2 nd	7
3 rd	5
4 th	3
5 th	2
6 th	1

b) Group Events

Placing	Point/s
1 st	11
2 nd	9
3 rd	7
4 th	5
5 th	3
6 th	1

7.1.5 In the event of a tie in the total number of points won in both Individual and Group events, the total individual points scored in all Individual Events will be used to determine the placing.

7.1.6 If the tie persists, the number of total 1st positions (followed by 2nd, 3rd, 4th, 5th and 6th, if necessary) scored in all Individual events will be used to decide the final placing.

³ Only events with a minimum of three (3) competitors from three (3) different schools will contribute to the calculation for Divisional Titles.

7.2 The number of prizes to be awarded for Wushu shall be as follows:

No. of Participants / Teams	Positions Awarded
3	2
4	3
5 or more	4

7.3 Individual and Team placing. Placing will be awarded to 1st, 2nd, 3rd, 4th, 5th and 6th. For individual, according to the competitor's/team's score in the competition. The competitor/team who has the highest score will be the winner (1st place) and the one with the second highest score will win the 2nd place, so on and so forth.

8. REPORTING AND GRACE PERIOD

8.1 Participants are to report punctually according to the time stated by the NSGOC.

8.2 Participants who are unable to report on time, must inform the NSGOC or their representatives at the competition venue of the delay. Where applicable, specific sports can allow for a grace period of fifteen (15) minutes. The NSGOC may extend this grace period if deemed justifiable.

9. POSTPONEMENT AND ABANDONMENT

9.1 Any postponement or abandonment⁴ of an event shall be determined by the NSGOC only.

10. WITHDRAWAL AND FORFEITURE

10.1 Any withdrawal⁵ or forfeiture⁶ can be considered contrary to the spirit of the NSG and can result in a walkover when the fixtures / competition schedule has been issued.

10.1.1 In the event that the withdrawal causes unevenness in the fixtures / competition, the NSGOC may conduct a full / partial re-draw.

10.2 For each withdrawal or forfeiture, a written explanation duly endorsed by the Principal shall be submitted to the Lead Convenor and copied to the Game Advisor within one (1) working day.

10.3 For withdrawals, all results involving the team / participant will be null & void.

10.4 For forfeitures, the team / participant will concede a walkover and the results of an event shall be based on the sports specific rules and regulations.

⁴ Abandonment refers to any event that started but cannot reach a natural conclusion and may be postponed or cancelled.

⁵ Withdrawal refers to discontinuing participation in the competition.

⁶ Forfeiture refers to inability to start or complete an event.

11. WALKOUT⁷

- 11.1 Staging a walkout is considered a serious breach of conduct and contrary to the spirit of NSG.
- 11.2 Participants that stage a walkout shall be subject to disciplinary action (**Refer to [Para 19](#)**).
- 11.3 A written explanation from the schools duly endorsed by the Principal shall be submitted to the Lead Convenor and copied to the Game Advisor within one (1) working day.
- 11.4 The competition officials shall submit a written report to the NSGOC within one (1) working day.

12. CLARIFICATION AND PROTEST (Refer to [Annex C](#))

12.1 Clarification

12.1.1 Team Managers (TMs) are allowed to seek clarification with the NSGOC after the completion of the event or during event intervals. Upon completion of clarification, the event shall proceed based on the decision of the NSGOC.

12.1.2 If the clarification were to result in any disruption / interference of the competition, the matter shall be brought to the attention of the NSGOC for follow up action.

12.2 Competing Under Protest

12.2.1 If the TM has strong justification against the decision of the competition officials / NSGOC, the TM shall indicate their intention to compete under protest to the NSGOC or their representatives, who will inform all Competition officials and TMs involved in the affected event. This shall be done as soon as possible without disrupting the competition.

12.2.2 Any competition under protest and / or intent to lodge an official protest shall be officially recorded in the Clarification/ Intention to Lodge a Protest Form. (**Refer to [Annex G](#)**)

12.3 Protest

12.3.1 Following from Para. 12.2, the TM concerned may submit an official protest to the NSGOC via email. The protest must fulfil all the following conditions:

- a) Be sent through the Principal.
- b) Reach the NSGOC within one (1) working day after the event unless stipulated otherwise in the respective sport-specific rules.
- c) Provide reasons and evidence for the protest.
- d) Meets the requirements as stated in Para. 12.2.2.

⁷ Wilful refusal to compete against the NSGOC's advice.

- 12.3.2 Protests based solely on a decision involving the accuracy of judgement on the part of a judge shall not be considered by the NSGOC.
- 12.3.3 A protest panel chaired by a Convenor will be formed within the NSGOC to deliberate on protests that have met all conditions in 12.3.1. Where there may be potential conflict of interest, the schools involved will not sit in the panel.
- 12.3.4 The decision of the protest panel will be made known in writing to the schools concerned within five (5) working days.
- 12.3.5 A protest fee of \$150 will be paid by the school that raised the protest (within 30 days from notification of outcome) if the protest is overruled.

13. APPEAL (Refer to [Annex C](#))

- 13.1 Schools may appeal against the outcome of a protest to the Council. The appeal must fulfil all the following conditions:
 - a) Be sent through the Principal.
 - b) Reaches the respective Honorary Secretary for zonal competitions, or Secretariat of the main council for national competitions within two (2) working days upon receiving the protest sub-committee's decision.
 - c) Provides reasons and evidence for the appeal.
- 13.2 The Board of Appeal (BoA) will be convened to deliberate on the appeal within ten (10) working days. Where there may be potential conflict of interest, the schools involved will not sit in the BoA. The decision of the BoA shall be final.
- 13.3 An appeal fee of \$300 will be paid by the schools that raised the appeal (within 30 days from notification of outcome) if the appeal is overruled.

14. BARRED PARTICIPANTS

- 14.1 Participants barred by any one of the following bodies are not allowed to participate in the NSG for that sport:
 - a) School
 - b) Singapore Schools Sports Council (SSSC)
 - c) Singapore Wushu Dragon and Lion Dance Federation, with endorsement from SSSC

15. TEAM MANAGER (TM)

- 15.1 The Team Manager (TM) will represent the school on all matters pertaining to the duty of care, student management and competition matters relating to the participants / teams from his / her school (**Refer to [Annex D](#)**).

- 15.2 Participants / teams must be accompanied by a TM who shall remain with the team throughout the duration of play. The absence of a TM will result in a forfeiture of the events concerned (**Refer to [Para. 10](#)**).
- 15.3 The TM shall be a school staff⁸ or School Adult Representative (SAR) (**Refer to [Annex E](#)**) appointed by the participating school.
- 15.4 TMs are expected to conduct themselves with decorum at all times and strive towards Aspiration 2 (**Refer to [Annex A](#)**).
- 15.5 TMs must ensure that their coaches adhere to the rules and regulations and the Code of Conduct (**Refer to [Annex F](#)**).

16. COACHES

- 16.1 Coaches are expected to conduct themselves with decorum in alignment to the Code of Conduct (**Refer to [Annex F](#)**) and strive towards Aspiration 2 at all times (**Refer to [Annex A](#)**).
- 16.2 Coaches are not allowed to approach the officials to query their decisions. Only TMs are allowed to approach officials to seek clarifications.

17. COMPETITION OFFICIALS

- 17.1 Where required, participating schools shall provide competition officials based on the requirements of the sport-specific rules.
- 17.2 School staff⁹ and students can serve as officials when required by **Para. 17.1**.
- 17.3 Schools should ensure that the appointed competition officials are present to fulfil their duties as scheduled by the Convenor and in alignment to Aspiration 3 (**Refer to [Annex A](#)**).
- 17.4 Where required by sport-specific rules and regulations, competition officials should declare any potential conflict of interest to the NSGOC before the start of the competition.

18. SPECTATORS

- 18.1 Participating schools must ensure that spectators from their school attending the competitions are aligned to Aspiration 5 (**Refer to [Annex A](#)**) and cooperate with the officials.

⁸ MOE employed staff such as Education Officer, Contract Adjunct, Flexi Adjunct, EAS (AM, OM and CSO) and AED.

⁹ Education Officers, Contract Adjunct teachers, Flexi-adjunct teachers, Allied Educators, Relief teachers and Untrained teachers.




- 18.2 Schools sending spectators to the competition shall ensure that their students are in proper school attire and that there are sufficient teachers present to be responsible for their management and well-being.
- 18.3 Spectators may not be allowed to enter the competition venue if they fail to comply with the venue's SOP.
- 18.4 All spectators should remain within their stipulated area throughout the competition and are not allowed to interfere with competition proceedings.
- 18.5 In the event of disruptive or unsportsmanlike behaviour, the NSGOC or its representatives may at their discretion, stop the disturbance and evict the spectators from the competition venue.

19. SERIOUS BREACH OF CONDUCT

- 19.1 A Disciplinary Panel comprising members of the NSGOC will be formed to investigate the breach.
 - 19.1.1 A convener of the NSGOC shall be appointed as the Chairperson of the panel.
 - 19.1.2 The panel may co-opt members from outside the NSGOC, including personnel from the Singapore Wushu Dragon and Lion Dance Federation and to provide technical advice where necessary.
- 19.2 Any individual found guilty of serious breaches of conduct, such as an attempt to inflict, or has inflicted physical harm, or the threat of such on another person, shall be expelled from the NSG, and be banned from it for the calendar year of the NSG. The disciplinary panel can also recommend punishment beyond the calendar year if the breach occurs during the final stages of the competition. This shall also apply to all such behaviours traced to an NSG competition before, during or after the competition.
- 19.3 An appeal against the decision of the Disciplinary Panel can be submitted by the school (for participants, coaches, and TMs) and / or the official to the Council, whose decision shall be final (**Refer to [Para. 13](#)**).

20. ATTIRE

- 20.1 All participants must wear proper wushu attire and footwear (flat sole shoes only) during all competitions.
- 20.2 All participants must adhere to the Specification of Costumes for the various events listed below.

Event	Description	Sample
Chang quan routines	Wushu jacket with a Chinese-style upright collar and seven toggle-like buttons down the front and short or long sleeves.	
Nan quan routines (Southern Style Fist)	Wushu Chinese-style collarless jacket with seven toggle-like buttons down the front and with short sleeves for girls and sleeveless for boys.	
Taiji routines	A long-sleeved jacket of a length not exceeding the participant's middle fingertip when the arms are straightened and hanging down. Wushu jacket with a Chinese-style upright collar and seven toggle-like buttons down the front. Participants are not to wear a soft belt for taijijian and taijiqian routines.	

20.3 Official number tag must be prominently displayed by the participant before entering the arena.



20.4 Girls with long hair must have it tied neatly.




20.5 For the group events, all participants must wear identical attire and footwear of similar colour.

20.6 Failure to comply with 20.1 to 20.5 will result in the deduction of 0.2 points.

21. WEAPONS SPECIFICATION FOR INDIVIDUAL EVENTS

21.1 All participants must adhere to the weapons specification listed below:

Weapon	Description	Sample
Spear	<p>The whole length shall not be shorter than that from the participant's fingertips to his/her sole when he/she stands erect with his/her arms raised straight overhead. The spear must be fitted with a tassel.</p> <p>In addition, for A and B Division, the diameter of the spear (measuring from the participant's waist) shall be at least:</p> <p>Boys: 2.10 cm Girls: 1.90 cm</p>	
Cudgel & Southern Cudgel (Nan Gun)	<p>The whole length shall not be shorter than the participant's height.</p> <p>In addition, for A and B Division, the diameter of the cudgel and the southern cudgel (measuring from the participant's waist) shall be at least:</p>	

	<u>Cudgel</u> Boys: 2.10 cm Girls: 1.90 cm <u>Southern Cudgel (Nan Gun)</u> Boys: 2.65 cm Girls: 2.50 cm	
Sword	The apex of the sword shall not be lower than the top of the performer's ear when it is held using backhand with the arm straightened and hanging down and the elbow dropped. The sword must be fitted with a tassel.	
Broadsword	The apex of the broadsword shall not be lower than the top of the participant's ear when it is held erect in the hand, with the arm straightened and hanging down and the elbow dropped. The broadsword must be fitted with a ribbon.	
Nan Dao (Southern Broadsword)	The apex of the Nan Dao shall be above the chin level of the participant when it is held erect in the hand, with the arm straightened and hanging down and the elbow dropped.	

21.2 Failure to comply with 21.1 will result in the deduction of 0.2 points.

22. USE OF VERBAL COMMANDS AND MUSIC FOR GROUP EVENTS

22.1 The use of verbal commands is not allowed.

22.2 The use of music with lyrics or with any verbal cues at any point of the routine is not allowed.

22.3 The use of music is compulsory.

22.4 Failure to comply with 22.1 to 22.3 will result in the deduction of 0.2 points.

23. ADJUSTMENT OF SCORES BY JURY, HEAD JUDGE/CHIEF JUDGE & TECHNICAL COMMITTEE

23.1 The Jury, Head judge/Chief Judge group together with the technical committee may adjust score by adding/subtracting up to a maximum of 0.2 points to the final score if the situation arises.

23.2 The Head judge will announce the final score once the adding/subtracting of the score has been endorsed by the technical committee.

SECTION C – AMENDMENTS AND MATTERS NOT PROVIDED FOR

24. MATTERS NOT PROVIDED FOR

24.1 All matters not provided for in these Rules and Regulations shall be dealt with by the NSGOC.

25. AMENDMENTS

25.1 The SSSC shall have the right to delete, add or amend the Rules and Regulations laid down herein.

26. LIST OF ANNEXES

A	SSSC Mission, Aspirations and Motto
B	NSGOC Terms of Reference
B1	PDPA Notification
C	Clarification, Protest and Appeal Overview
D	Role of Team Managers
E	School Adult Representative (SAR)
E1	SAR Letter of Appointment
F	Code of Conduct for Coaches
G	Clarification/ Intention to Lodge a Protest Form
H	2005 IWUF Wushu Taolu Scoring System

**SINGAPORE PRIMARY SCHOOLS SPORTS COUNCIL (SPSSC)
AND SINGAPORE SCHOOLS SPORTS COUNCIL (SSSC)**

MISSION, MOTTO AND ASPIRATIONS

Mission

“To provide quality competition experiences for our school-participants to support character development through the pursuit of sporting excellence”

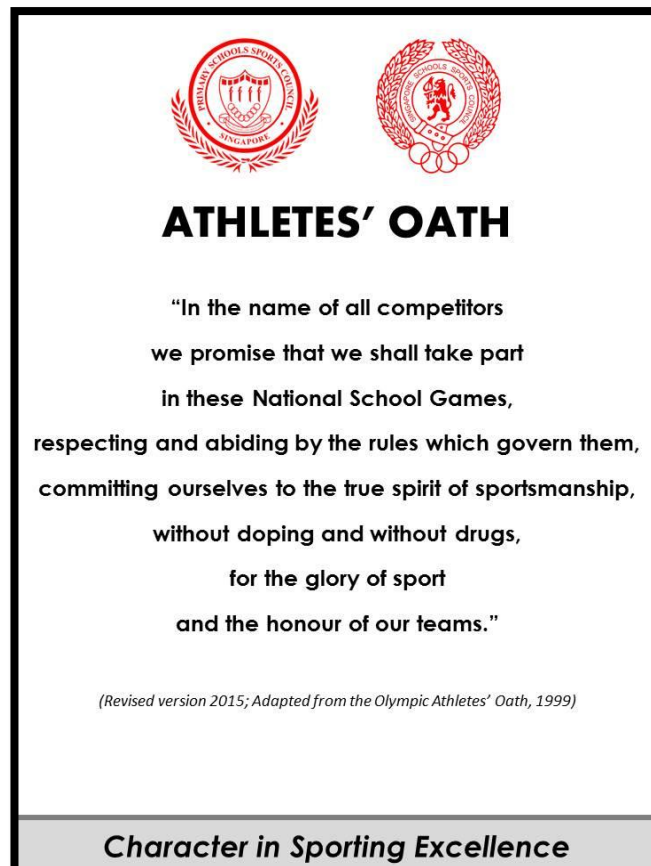
Motto

“Character in Sporting Excellence”

Aspiration 1: *Every athlete an honourable sportsperson*

Guiding Principle:

Participants abide by the rules of the sport, gives their best in training and competitions, wins with integrity and humility, and loses with confidence and grace. They participate actively and are committed to being better in their sport. They respect their opponents, teammates, coaches, teachers and officials, and displays exemplary conduct both on and off court.



Aspiration 2: *Every teacher and coach an inspiring role model and mentor*

Guiding Principle:

The teacher / coach endeavours to develop all athlete to their fullest potential. He focuses on student-centric and values-driven coaching. Teachers / coaches maintains a professional relationship with the participants and ensures their safety and well-being at all times. As positive role models, they inspire and motivate the participants towards greater heights.



COACHES' OATH

*In the name of all the coaches,
we promise to respect all athletes,
officials and coaches in these
National School Games.*

*We shall act in the best interest of the
athletes and schools,
without doping and without drugs.*

*We commit ourselves to ensure that the
spirit of sportsmanship and fair play is
fully adhered to and upheld always."*

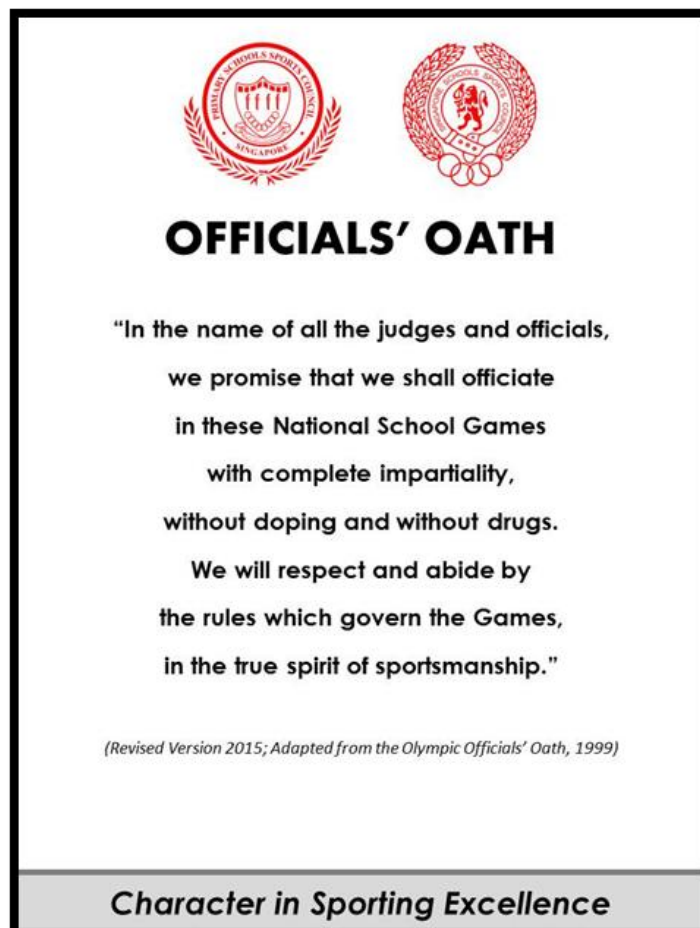
(Revised 2016; Adapted from the Olympic Coaches' Oath, 2012)

Character in Sporting Excellence

Aspiration 3: *Every official a fair, respectable and competent authority*

Guiding Principle:

The official is well-versed in the rules of the sport, and enforces the laws of the sport with impartiality. They are alert and acts decisively when required. They ensure safety for all participants and explains the rules when required. They uphold the professionalism of the sport.



Aspiration 4: *Every parent a supportive partner*

Guiding Principle:

Parents take interest in their child's, training and competitions and prioritises their long-term development over winning competitions. They ensure proper nutrition and rest for their children, and actively enquires on their progress and development. They work with the teacher and coach, attends competitions and respects the decisions of competition officials.

Aspiration 5: *Every spectator a respectful, responsible and caring motivator*

Guiding Principle:

Spectators applauds excellence and fair play from all participants regardless of which team they represent. Spectators shows appreciation for the efforts of all participants, teachers, coaches, officials and organisers. They should cheer to encourage and motivate as well as care for the participants' well-being. Spectators are responsible and keep the venue safe and comfortable for all.



SPECTATORS' CREED

Be a Respectful Supporter

- Applaud excellence and fair play
- Appreciate the efforts of all athletes, teachers, coaches, officials and organisers

Be a Caring Motivator

- Cheer to encourage and motivate
- Care for athletes' well-being

Be a Responsible Spectator

- Keep the venue safe and comfortable for all
- Keep the venue clean

Character in Sporting Excellence

Aspiration 6: *Every game a safe and enriching learning experience*

Guiding Principle:

The format of competition is developmental and age-appropriate. The games provide participants with the opportunity to display their sporting abilities, and be recognised for their achievements. Participants enjoy the competitions, which are conducted under safe and conducive environments.

TERMS OF REFERENCE FOR SPSSC / SSSC NATIONAL SCHOOL GAMES ORGANISING COMMITTEES (NSGOCs)

The NSGOCs shall have sub-committees to ensure the successful organising and completion of their respective sports that includes but is not limited to the following functions:

1. COMPETITION

Organise the competition according to the rules and regulations, and established safety standards, including:

- a. Planning and Execution:
 - i. Work out the competition schedules, fixtures and venues required.
 - ii. Communicate with participating teams on all competition matters, including, but not limited to rules, dates, fixtures, venue, etc.
 - iii. Identify and appoint Competition Director (if applicable) for deployment of officials.
 - iv. Manage competition officials, venues, equipment, medical cover and logistics for effective and efficient conduct of the competition.

- b. Risk Assessment and Management:
 - i. Carry out risk assessment and management planning for each venue, including adherence to the baseline safety standards.
 - ii. Communicate relevant parts of the risk assessment and management plan to all relevant parties.
 - iii. Monitor and manage safety and security issues at the competition venue.

- c. Venue Management:
 - i. Ensure competition venues (including hosting schools and external venues) have the following in good condition to support the competition:
 - o Equipment
 - o Line Drawings (if applicable)
 - o Consumables
 - ii. Inform hosting Schools of competition schedule.
 - iii. Disseminate competition fixtures to all hosting and participating schools once fixtures are confirmed.
 - iv. Inform hosting and participating schools at least three (3) working days before should there be any changes in venue or fixtures.
 - v. Ensure that competition officials and medical support (if applicable) arrive at stipulated time at the competition venue.
 - vi. Remind TMs during briefing:
 - o To check the latest hosting venues' SOPs before each competition
 - o To inform their fellow colleagues and SAR who may be accompanying their students for the competitions on their behalf
 - vii. Prepare the competition venue, such as display of PDPA notifications (**Refer to [Annex B1](#)**), proper allocation of spaces for assembly, warm-up, match, rest areas, spectators, where necessary.

- d. Results Processing:
 - i. Ensure competition results are promptly and accurately sent to the NSGO for uploading to the NSG website.

- e. Protest Management:
 - i. Respond to clarifications / protests from participating schools during the competition.
 - ii. Conduct investigations and resolve the clarifications / protests relating to the competition.

2. TECHNICAL

- a. Establish competition rules and regulations for the sport to ensure age appropriateness and opportunities for skills development, including, but not restricted to:
 - o Age grouping / division
 - o Format of competition
 - o Permitted equipment
 - o Field of play
 - o Duration of play; intervals
 - o Number of participants
 - o Substitution rules, etc.
- b. Identify and appoint the technical director and officials for each competition.
- c. Monitor and review baseline safety standards for the competition.
- d. Review and update competition rules and regulations annually and submit Games Recommendations to NSGOC or Council Standing Committee for approval, where necessary.

3. RECOGNITION, PROTEST AND DISCIPLINE

- 1. Recognition
 - i. Develop and implement appropriate recognition (including recognition criteria), to support the desired outcomes of the National School Games (NSG), such as Sportsmanship Award.
 - ii. Collect and communicate good stories to relevant parties, including participating schools, MOE HQ and the media where appropriate.
 - iii. Plan and organise prize presentations for the competition.
- 2. Protest
 - iv. Conduct investigations with all parties involved, in consultation with the Game Advisor and Lead Convenor.
 - v. Resolve all protests and respond to relevant parties on the outcome within a week of incident reported.
 - vi. Update SPSSC / SSSC Standing Committee on the outcome of the clarifications / protests, where necessary.
- 3. Discipline
 - i. Conduct investigations pertaining to disciplinary cases with all parties involved, in consultation with the Game Advisor.
 - ii. Resolve all disciplinary cases and respond to relevant parties in a timely manner
 - iii. Develop disciplinary policies and systemise processes to manage students, teachers and coaches and competition officials for alignment to the Councils' mission, motto and aspirations.



National School Games Photography & Video Recording Notice



The Ministry of Education (MOE), its authorised photographers and videographers, and approved media broadcasters will be conducting photography and video recording at this event. The photographs and videos may be used by MOE for internal publication or publicity materials. Video footage of the event may be live-streamed on MOE's and the broadcasters' media platforms.

By entering this venue and taking part in this event, you consent to the collection, use, and/or disclosure of photographs and videos containing your personal data by MOE and the approved media broadcasters for the above purposes.

CLARIFICATION, PROTEST AND APPEAL OVERVIEW

	Clarification (Formal & Informal)	Competing Under Protest (Some Sports Only)	Protest	Appeal
Handled by:	NSGOC Rep and/or Competition Officials	NSGOC Rep and/or Competition Officials	NSGOC	BOA (Council and Zone Vice-Chairpersons)
Who must be Informed:	NSGOC Rep, Competition Officials	NSGOC Rep, Competition Officials, Affected TMs as determined by NSGOC	Principal, Lead Convenor, Lead Org Sec, Game Advisor	Principal, Lead Convenor, Lead Org Sec, Game Advisor and Honorary Secretary (for Zonal), Council Secretariat (for National)
How to Inform:	At competition venue, during appropriate interval without disrupting the game	At competition venue, during appropriate interval without disrupting the game	Indicate intent to protest (Refer to Annex G) at end of match and followed by an email sent through the Principal	Sent through the Principal via email
Fees if Overruled:	Nil	Nil	\$150	\$300
Approval Required From:	Nil	Nil	Principal	Principal

ROLE OF THE TEAM MANAGERS

Team Managers (TMs) will represent the school on all matters pertaining to the duty of care, student management and competition matters relating to the participants from their school. They must be a good role model for the participants and are expected to conduct themselves well in carrying out their duties. They will:

No	Terms of Reference
1	Be the point of contact between the National School Games Organising Committee (NSGOC) and the Principal (school).
2	Perform all necessary administrative duties and attend all briefings and / or meetings called for by the respective NSGOCs.
3	Check, verify and keep updated the fixtures and schedules involving the school.
4	Ensure: <ul style="list-style-type: none"> • Accuracy of participants' particulars in the registration and that participants are not placed in the wrong division. • All participants are adequately prepared for safe participation in the NSG in accordance with the Baseline Safety Acknowledgement Form.
5	Check and comply with the hosting venue's Standard Operating Procedures (SOPs) and communicate all related the information to all the stakeholders associated with the participating schools.
6	Make transport arrangements for the participants.
7	Chaperone participants to and from the competition venue. TMs who are SAR need only chaperone their own child as Parent Chaperones are responsible for chaperoning their own children.
8	Remain with the participants throughout the duration of play.
9	Arrange for a replacement, in the event that they are not able to perform their duty during the entire competition duration. TMs who are SAR should contact the school for assistance in such situations.
10	Cooperate with NSGOC & officials and abide by the rules and regulations of the competition to facilitate the smooth conduct of the competition and be a good role model for the participants.
11	Submit participant / team list and other necessary documents when required.
12	Manage the coaches, participants and spectators, if any, to ensure that they adhere to the General and sport-specific and rules and regulations Code of Conduct given in the rules and regulations.
13	Perform the duty of care for the participants' safety and well-being including: <ul style="list-style-type: none"> • Checking that participants are well enough to compete, • Reminding students to remain hydrated. • Having a first aid kit available. • For long duration competitions where students will need to consume a meal, the SAR should ensure that students have sufficient time for their meal.

14	Contact the school immediately in the event of an injury or emergency.
15	Consult school leaders for all media related matters.
16	Represent the school in matters pertaining to clarifications / protests / appeals (as required by the sport).
17	Accompany participants at disciplinary board meetings if the occasion arises.
18	Attend to any other matters pertaining to the duty of care, student management and competition matters relating to the participants from their school.

SCHOOL ADULT REPRESENTATIVE (SAR)

1. The School Adult Representative (SAR) scheme aims to support schools in balancing the numerous competition opportunities for students and managing staff resources. SAR should be parents/legal guardians of one of the participating student-participants in the session.
2. Schools may appoint suitable SAR as Team Managers for the sports listed.

a) Bowling	g) Sailing
b) Canoeing	h) Shooting
c) Fencing	i) Swimming
d) Golf	j) Taekwondo
e) Judo	k) Track & Field
f) Gymnastics ¹	l) Wushu

¹ For Artistic Gymnastic and Trampoline, SAR may only be appointed by schools that do not offer Gymnastics as a CCA. They may be deployed to manage up to a maximum of 3 student participants for each distinct competition of the sport.

3. SAR may be deployed to manage up to a maximum of 3 student-participants for each session of the sport.
4. When there is more than one student-athlete in a session, SAR should be supported by parent chaperones (PC) who should be parents / legal guardians of the participating student-participants. PC should accompany their own children to and from the competition venue and be responsible for their children's safety and well-being throughout the competition.
5. SAR are encouraged to be trained in first aid.
6. When appointing SAR, schools should:
 - Appoint an Education Officer (EO) as the **School Coordinator**, to serve as liaison between the SAR and the NSGOC.
 - Arrange and conduct a briefing for the SAR on their duties including:
 - SSSSC General and Sport-Specific Rules and Regulations
 - Safety protocols
 - Roles of TMs (**Refer to [Annex D](#)**)
 - Other school-specific SOPs or requirements
 - Be represented by 1 SAR per session only.
 - Ensure that PC are present to oversee their own children's / ward's safety and well-being when the SAR is on duty.
 - Issue the SAR Letter of Appointment (**Refer to [Annex E1](#)**) endorsed by the School Principal.

Frequently Asked Questions

1. **Can grandparents, siblings, helpers or other relatives be appointed as SAR?**

No. Only a parent or legal guardian of the student athlete can be appointed as the SAR.

2. **Can schools send an SAR for a team sport or event at the SSSC NSG?**

No. For all team sports or events, schools must send a **school staff** to be the Team Manager.

3. **What happens when an appointed SAR is not able to be present for duty or needs to leave before the end of a competition?**

The SAR should follow the school's current standard operating procedure for managing such situations and contact the school immediately to arrange for a replacement. An appropriate replacement should be provided by the participating school.

4. **If the SAR needs to accompany his/her child to the hospital before the end of the competition, what are the standard procedures?**

Please refer to Q6.

5. **If any of the parent chaperones does not turn up or needs to leave before the competition ends, what are the standard procedures?**

The SAR should call the School Coordinator to seek advice and assistance. The student whose parent is absent, may not be allowed to compete.

6. **Is there a different set of Baseline Safety Standards (BSS) School Acknowledgement Form for schools represented by SAR?**

The same form will be used. The School Coordinator should brief the SAR on the requirements and implications of the BSS Acknowledgement Form. SAR should also be familiar with the respective sports safety requirements and practices and is encouraged to be trained in first aid.

<School Letter Head>

**SCHOOL ADULT REPRESENTATIVE (SAR)
LETTER OF APPOINTMENT**

School:	
Sport:	
Full Name of SAR: (as in NRIC / Passport)	
NRIC / Passport No.: (last 4 characters e.g. 234A)	
Name of Child / Ward:	
Mobile No.:	

Terms and Conditions

1. The above-mentioned is appointed as the SAR who shall represent the school in the National School Games competition for the sport and dates given only.
2. The SAR shall believe in and support the Council's mission, motto and aspirations and support the involvement of the students under their charge in the competitions and events with a strong educational focus.
3. The SAR shall perform the roles and responsibilities of the SAR including:
 - a. Representing of the school as a Team Manager (TM) (**Refer to [Annex D](#)** for the main roles and responsibilities of a TM.)
 - b. Attending all briefings and meetings conducted by the school for SAR.
 - c. Work and coordinate with PC, if any, to facilitate a good participation experience for all participants including:
 - Establishing contact with PC and keeping them informed on the competition schedules and other necessary information.
 - Ensuring that all participants are present and PC are present to oversee their own children's/ward's safety and well-being. SAR should contact the school coordinator for assistance immediately if they are unable to contact the PC and/or the participant.

- d. Being professional in the discharge of their duties. They should not bring along any other students or children who are not involved in the competition for that day so that they can more effectively discharge their duties.
 - e. Observing and complying with all rules, policies, procedures, expectations, and codes of conduct of the School, Singapore Schools Sports Council (SSSC) and the applicable sporting body as may be issued from time to time.
 - f. Take all necessary precautions to ensure the safety, security, health and wellbeing of the students under their charge.
4. The SAR shall declare to the school if he/she is under investigation for any criminal offence by any authority in Singapore or elsewhere or is facing disciplinary proceedings by any sporting body in Singapore or elsewhere.
 5. Except with the written consent of the school, the SAR shall not disclose any information or material furnished by the school or make any statement or representation on behalf of the school to any media or any person not related to the NSG Organising Committee.
 6. The SAR shall not make use of any information obtained directly or indirectly from the course of his/her duty, other than for the conduct of the NSG, unless prior written approval has been given by the school.
 7. The SAR declares that, at the date of entering into this Agreement, there is no conflict of interest in the performance of this service, and of its obligations under this Agreement.
 8. The appointment is subject to the meeting of the above terms and conditions and may be revoked by the school or SSSC if they are breached.

Name & Signature of SAR

Date

Name & Signature of Principal

School Stamp

Date

CODE OF CONDUCT FOR COACHES

No	Description
1	Coaches must be good role models and are expected to conduct themselves well in carrying out their duties.
2	They are to observe the rules and regulations of the National School Games and honour the Coaches' Oath.
3	They should not replace the role of the Team Manager.
4	They are to prepare the training schedule for the team, in consultation with the Head of Department (HOD) and the teacher-in-charge (i.e., Student Development Programme).
5	It is the responsibility of coaches to adhere to the rules and to be well versed with the competition rules.
6	They are not allowed into the field of play except where the rule of the sport requires the presence of the coach.
7	They cannot represent the school in any matters.
8	They must not interfere with the organisation of the competition.
9	They are not allowed to approach the officials to query their decisions. Only Team Managers are allowed to approach officials to seek clarifications.
10	They must ensure that the student participants have adequate rest and are given water breaks.
11	Coaches should refrain from using foul language or speak in a tone not becoming of proper behaviour.
12	Coaches violating the rules will be asked to leave the competition arena.
13	Action will be taken against the school if the coaches fail to comply with the competition rules.

**SPSSC/ SSSC NSG WUSHU 2025
CLARIFICATION/ INTENTION TO LODGE A PROTEST FORM**

**Please indicate (X) accordingly.*

1. Council (Select the Council) *			
<input type="checkbox"/>	SPSSC	<input type="checkbox"/>	SSSC
2. Team Manager's Information			
Name of Team Manager:			
Designation of Team Manager*:		<input type="checkbox"/>	School Staff
		<input type="checkbox"/>	Appointed SAR
Mobile Number:		Email:	
3. Event for Clarification/ Intention to Lodge a Protest			
Name of Event:			
Name of School:			
Full Name of Student (for individual events):		Tag Number:	
4. Please state clarifications / intention to lodge a protest			
Signature of TM:		Date:	
Full Name of NSGOC Rep:		Signature of NSGOC Rep:	

Please refer to Weblink for full 2005 IWUF Wushu Taolu Rules:
<https://go.gov.sg/2005-international-wushu-rules>